

COMMUNITY SERVICE PROJECT

ON

A STUDY ON USING OF MOBILES

Submitted By

ADAPAKA RAMU

ID NO : 120130803004

Under the Supervision Of

Sri.B. PATRICK. PRADEEP KUMAR

Lecturer in COMMERCE



DEPARTMENT OF COMMERCE

MRS . A . V . N . COLLEGE, VISAKHAPATNAM



Program Book

Community Service Project



**AP STATE COUNCIL OF HIGHER
EDUCATION**

(A STATUTORY BODY OF GOVERNMENT OF ANDHRA PRADESH)

Program Book for Community Service Project

Name of the Student: ADAPAKA RAMU

Name of the College: M.S. A.V.N. College

Registration Number: 120130803004

Period of CSP: 2 Months From: 1-10-22 To: 10-11-22

Name & Address of the Community/Habitation: D. NO; 24-31-6

Kolha weelka street,
old part of village

Rigachapatnam - 530001

Community Service Project Report

Submitted in accordance with the requirement for the degree of.....

Name of the College: M.S. A.V.N College

Department: B.COM Commerce Department

Name of the Faculty Guide: B.P. Pradeep Kumar

Duration of the CSP: From 10.11.22 To 10.11.22

Name of the Student: ADAPAKA RAMU

Programme of Study Mobile usage

Year of Study: 2020 - 2023

Register Number: 120130803004

Date of Submission:

Student's Declaration

I, A. RAMU, a student of C.S.P Program, Reg. No. 120.130.803004 of the Department of Commerce (B.Com) College do hereby declare that I have completed the mandatory community service from 10-10-22 to 10-11-22 in (Name of the Community/Habitation) under the Faculty Guideship of B.P. Pradeep Kumar (Name of the Faculty Guide), Department of Commerce in Mrs. S. A. V. N. College

A. Ramu
(Signature and Date)

Endorsements

B.P. Pradeep Kumar
Faculty Guide


[Signature]
Head of the Department

[Signature]
Principal
PRINCIPAL
MRS. A.V.N. COLLEGE
VISAKHAPATNAM

Certificate from Official of the Community

This is to certify that *A. Ramu*..... (Name of the Community Service Volunteer) Reg. No. *6030803004* of *Mrs. A.V.N* Name of the College) underwent community service in *Katkaudhi*..... (Name of the Community) from *Katkaudhi* to *Ambusarang madhi*

The overall performance of the Community Service Volunteer during his/her community service is found to be *good*..... (Satisfactory/Good).


23/11/2022
Authorized Signatory with Date and Seal
WARD EDUCATION SECRETARY
AMBUSARANG COLONY SACHIVALAYAM
21088203, ZONE-IV, WARD-39

ACKNOWLEDGEMENTS

I take the opportunity to express my Dearest Gratitude for Motivation and Guided patience and Friendly Encouragement General Matter Given by the principle :- MR. Anhadri Naide throughout My project work

I am very Much thankful to authorities of Andhra university and department of Commerce and Management : Andhra university Vizekapatnam for provide necessary facilities Vizekapatnam for provide work

I Express My Dearest gratitude for endless Motivation and Guidance with infinite patience and Continuously Friendly Encouragement both in academics General Matter Given by project Director :- Mr. Prady Kumar Lecturer in Commerce throughout the period of My project work.

A. RAMU

H.I.No; 120130803004

CHAPTER 1: EXECUTIVE SUMMARY

The community service report shall have only a one-page executive summary. It shall include a brief description of the Community and summary of all the activities done by the student in CSP and five or more learning objectives and outcomes.

OBJECTIVES of The Study:

- > TO Measure of proper usage of Mobile phones among academic work
- > TO Study the impact of Mobile phone usage
- > TO Identify the various factors that influencing Students use Mobile phones
- > TO Examine Advantage of using Mobile phone
- > TO Identify the functions of Mobile phone
- > The aim is to find the negative and positive effects of Mobile
- > Also which type of people using the Mobile frequently
- > Different Age people are using Mobiles Mostly
- > The main purpose is Determine the impact of the increased use of Mobile phones on youth's health
- > Measure the awareness and responsibility about the increased use of Mobiles phones and its harmful effects among the people
- > Many of us are dependent on our Mobile phones
- > It is not only supports communication but also provides a means of communication.

CHAPTER 2: OVERVIEW OF THE COMMUNITY

- About the Community/Village/Habitation including historical profile of the community/habitation, community diversity, traditions, ethics and values.
- Brief note on Socio-Economic conditions of the Community/Habitation.

IT Junction is a Centrally Coated residential area
Sub to Category in IT Junction :

Bombra ring road

Umashi

Educational Institutions IN ITI Junction.

i) Government ITI College where Industrial Training
is provided

ii) Kendriya Vidyalaya School (CBSE)

→ There are many small temples in IT Junction
→ people often worship there

Health Centers in ITI Junction.

i) Gaadani dental hospital

ii) Durga hospital

iii) Soritha hospital

Common problems reported by Community participants

i) pollution

iii) Improper drinking water

ii) Traffic

Facilities

CHAPTER 3: COMMUNITY SERVICE PART

Description of the Activities undertaken in the Community during the Community Service Project. This part could end by reflecting on what kind of values, life skills, and technical skills the student acquired.

The Activities undertaken in the Community during the Community Service project

1. Journey on Socio - Economic
2. Household Survey
3. Awareness Created
4. Awareness programme
5. Report writing
6. Submit the project
7. Report the project

Values Life Skills and Technical Skills

1. Team work and problem solving skills
2. The ability to Communicate effectively with others
3. The Collaborative nature of project also reinforces the social and emotional learning programs.
4. people in learning environment have wider and more diverse social Circle
5. when people learn, they gain confidence for trying new things

ACTIVITY LOG FOR THE FIRST WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	<u>Lois</u> - <u>Economic Survey</u> Survey Conducted on <u>Lois</u> - Economic Condition	→ Environmental Condition of surroundings are I identified	Chandra
Day - 2	<u>Lois</u> - <u>Economic Survey</u> To know the conditions of the habitation	→ problem that are reported in community like worsened roads etc	V. Jayaraman
Day - 3	<u>Lois</u> - <u>Economic Survey</u> A survey form based on the type of habitation	→ poor sanitation problem etc. are identified	G. Hemant
Day - 4	<u>Lois</u> - <u>Economic Survey</u> Interaction & questioning the people to know various conditions	→ Identified the problems prevailing in community like drinking water etc	[Signature]
Day - 5	<u>Lois</u> - <u>Economic Survey</u> A survey to know Economic Condition	→ people here generally belong to lower and upper middle class	[Signature]
Day - 6	<u>Lois</u> - <u>Economic Survey</u> Survey Conducted to know health issues	→ people here often fall sick and face a lot of mosquitoes etc.	[Signature]

WEEKLY REPORT

WEEK - 1 (From Dt...1-10-22, to Dt...8-10-22..)

Objective of the Activity Done:

TO know Socio - Economic Condition



Detailed Report:

I have conducted a survey in "ITI Junction"
to know Socio - Economic Condition of the habitation
people here belongs to lower and upper middle
class. The Environmental Conditions are not so
good the roads are uneven, unhygienic
roads and pollution and poor sanitation.

Although people get water
facilities but the water is contaminated
with chemicals. Due to poor sanitation and
mosquitoes people here suffer with
Malaria - fever - typhoid and fever.

There is government health center
and they provide free medicines. To control
mosquitoes weekly one mosquito sprayed in all
the are by govt municipal authorities. Municipal
authorities are trying their best to improve
drainage and sanitation issues.

ACTIVITY LOG FOR THE SECOND WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	I introduce yourself use of mobile phone	usage of mobile phone are very highly increased	J. Tharun
Day - 2	usage of cell phone	I observed that many people are using Cell phone so oftenly	Lam
Day - 3	Cell phone are compared to landline phone	There is Mobile phone are very upgrade compared to phone landline phone	Rohit
Day - 4	usage of the mobile network	There is very high usage of mobile network in now a days	
Day - 5	productivity	Some mobile are in good condition had condition	
Day - 6	Kindy of mobile phone	I learned there are different kindy of mobile phone.	Sham

WEEKLY REPORT

WEEK - 2 (From Dt...9-10-22 to Dt...16-10-22...)

Objective of the Activity Done:

Detailed Report:

I Conducted this Survey near my Campus nearby was gathering answers about the mobile usage

On the basis of obtained results it can be said that majority of the College Students are using the Smart phone and there are not gender wise distribution in use of mobile phone also most of the Students use internet, for internet surfing making Call and SMS and all that there gender differences were not found also of mobile is more at night as compared to morning. I have also found most people prefer 4G and 5G phones it use Android operating system by the most people to use android among everyone. The present study will be useful to the Educators to find out the suitable addition and accordingly measures can be taken the Security Concern was one of the factors that influenced by the mobile phones uses. The mobile phones are also used to overcome the full feeling of loneliness. Some people are using the mobile phones so excessively that it increases the fear of addiction.

ACTIVITY LOG FOR THE THIRD WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	Evolution of mobile pharmacy	Mobile started in B.K. & passed hand letter to Contact	<i>Ch. the Mohy</i>
Day - 2	expenses of mobile pharmacy	Cost of the Mobile productivity	<i>M. S. S.</i>
Day - 3	mobile Inventory	Expanding of Mobiles	<i>A. J. J.</i>
Day - 4	mobile Expanding of the Country	Inventory of mobile Ancient days	<i>V. Komalika</i>
Day - 5	Observation and Computation of Brandy	Computation Mobiles between parties	<i>K. S. S.</i>
Day - 6	Executive of mobile Sales Manager of mobile Company ex: one + Pochi etc	Broadening of Country	<i>K. S. S.</i>

WEEKLY REPORT

WEEK - 3 (From Dt. 18.10.22 to Dt. 24.10.22)

Objective of the Activity Done:

Detailed Report:

I conducted this survey in a very complimentary way gathering out comes about the mobile usage.

There has been tremendous growth of the mobile phones in India. It is reported that the India's telecommunication market is the second largest in the world. The mobile phones are available to the people right from the age of 12 years. The mobile phone technology has brought the world closer. It provided great convenience in communication among people by way of text calling or texting.

The first handheld cellular mobile phone was demonstrated by John F. Mitchell and Martin Cooper of Motorola in 1973. Over the years starting from 1973 cell phones have changed drastically from a bulky brick to a sleek. One can say that a cell phone is fundamentally essential to present-day life. This advanced invention is the most rapid change our daily life has ever seen.

ACTIVITY LOG FOR THE FOURTH WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	Mobile usage is evaluated of the necessary	use of mobile phones is necessary	<u>Nikhil</u>
Day - 2	Expanding their brands	expanding	Naman
Day - 3	Branding of mobile	are phy, redmi, Iphone, oppo, mi.	<u>T. Nikhil</u>
Day - 4	closing of mobile repair	closing & location near area	Gulabprasad
Day - 5	Manufacturing of the kind of Brands	Manufacturing of mobile in India, China	S. Ramesh
Day - 6	Branding logo	Branding logo one + oppo mi	P. Gokul

WEEKLY REPORT

WEEK - 4 (From Dt. 24-11-22 to Dt. 30-11-22)

Objective of the Activity Done:

Detailed Report:

I conducted this survey using questionnaire, was gathering opinions about the mobile usage.

Mobile phones are powerful communication devices, mobile phones have become an integral part of everyone's life. There were more than seven billion users. It is also rising rapidly over time. The mobile phone has turned from a technological tool to a social tool. Telephone Engineers has explained that the telephone was made for the business world nowadays mobile phones have become status symbol for students. Mobile learning has a mobile technological achievement. with the use of mobile technologies the formal and effective learning and learning is growing. This is due to the benefits of mobile learning is, including the ability to share knowledge is still unclear. There are mobile phones have some applications that can be used in teaching and learning process.

CHAPTER 5: OUTCOMES DESCRIPTION

Details of the Socio-Economic Survey of the Village/Habitation. Attach the questionnaire prepared for the survey.

Questionnaire for Socio-Economic Survey:

1. Name of the respondent
2. Name of the locality
3. Gender:
4. Age:
5. Educational Qualification and profession
6. What are the problems - financial/inclusivity
7. Do you receive any Govt. Schemes

Questionnaire for Community Service project:

1. How long the mobile phone working in your daily life?
2. How you use mobile phones in your leisure or free time?
3. What is the use of mobile phones for teenagers?
4. How many hours do you spend on your mobile phones?
5. Are you addicted to smart phones?
6. Which Application (Apps) are used mostly?
7. Any harmful Effects of mobile phones?

Describe the problems you have identified in the community

1. Digital Eye Strain: Eyes begin to hurt and it's blurred vision and digital eye strain can cause headaches.
2. Sleep Disturbance: Cell phone addiction has been linked to an increase in sleep disorders and fatigue in users.
3. Distraction: Mobile is a distracting device that creates a distraction between your work. It is seen in students that are easily distracted from their studies.
4. Addiction to Mobile phone: using mobile phones too much makes a person addicted to them.
5. Health problems: excessive use of mobile phones cause other health problems and mental disorders such as anger, depression, anxiety, etc. and others.

Short-term and long term action plan for possible solutions for the problems identified and that could be recommended to the concerned authorities for implementation.

Mobile phone Addiction Solution

Short term Solution

1. Fix daily limit of hours for usage of mobile.
2. Turn off notifications of social media.
3. Stop yourself manually for less time spent on your phone.
4. Take a Cellphone holiday.

Long term Solution

1. Don't charge your phone near your bed.
2. Meditation, yoga, Exercise and other mindfulness activities reducing the craving for the phone provided by your phone provider.
3. Turn off all notifications unrelated to communication - also from real people.
4. Take ~~it~~ all distracting apps off your phone screen.
5. Change the habit of excessive use of mobile.
6. During cell phone conversation, reduce movement of hand as possible.

Description of the Community awareness programme/s conducted w.r.t the problems and their outcomes.

1. overheating phone

Solution Give your phone some time to "refresh" and start using it again.

2. Full Storage Space

Solution Try to delete those files and apps that you do not use anymore. You can also delete old calls and text messages and clear the cache data.

3. Connectivity Issues

Solution Enable the airplane mode for at least 2 minutes. Then try to connect again.

Occasionally you can turn it off and on the connection that is failing and then try to connect it again.

4. Slow phone

Solution Clear / delete apps files and clear the cache data.

5. Bad battery life Enable the battery saving mode and also if your battery lasts longer. Check your battery usage in your phone settings and see which apps are using more battery. You can close or disable the ones that drain more battery if you usually do not need them.

Report of the mini-project work done in the related subject w.r.t the habitation/village.

A mini-project work in the related subject w.r.t the habitation/village. (For ex., a student of Botany may do a project on Organic Farming or Horticulture or usage of biofertilizers or biopesticides or effect of the inorganic pesticides, etc. A student of Zoology may do a project on Aquaculture practices or animal husbandry or poultry or health and hygiene or Blood group analysis or survey on the Hypertension or survey on the prevalence of diabetes, etc.

The Report shall be limited to 6 pages.

usage of Cell phones

Mobile phones are one of the most commonly used gadgets in today's world.

They come in use for communicating through voice message and mails. We can also surf the internet using a phone not importantly we can click photos and record videos using our mobile camera.

Advantages of Mobile phones

- * Easy Communication. The main benefit of using the mobile phone is that they make the mode of communication easier and cheap.
- * Education
- * Social media
- * Promoting business
- * Good for people's safety
- * Helpful in emergency situations

I Impact of Mobiles

- studies show that people are addicted to mobile phones often are linked to depression, anxiety, and other mental disorders
- waste of time & The average person checks his phone every 12 minutes leading to 80 times a day most of the time people just check their phones for no good reason.
- The mobile phones are used at places like hospitals, Judicial Courts, petrol pumps where their use is banned.
- The mobile use while driving is commonly observed which may increase the chances of involving in accidents.
- The use of mobile phone while driving can distract attention of the driver visually, physically and cognitively. Earlier studies have shown that various personality traits like neuroticism, extraversion, psychoticism, etc. and mobile use have some relation to each other.
- The gender may also play some role in high mobile phone use.
- The study will be done on explorative basis and there will be any hypothesis.

Most Frequently used Applications:

Netflix, Aha, Zee 5, google, Chrome, youtube, google play games Disney+, Amazon, prime video, youtube kids, HBO, Max, Twitch, hotstar, photo TV, subway surfers, Bridge race, Garena free fire, Doodle, Join Class, 8 ball pool, hoo King, Candy Crush, dora, MX taka taka Instagram, Facebook, whatsapp, snapchat, Meesho, Moj Josh, phonepe. Jio TV, google, Amazon, shopsy, You life skin, Flipkart. Battle ground mobile India (pubg) Call of duty; mynt, Aard, telegram, paytm, tpay, E....

Harmful effects of mobile

over usage of mobile phones may cause psychological stress such as dry eyes, headache, eye irritations, Computer related vision syndrome, weakness of thumb and wrist, Neck pain and rigidity, Anxiety increased Frequency of Dequarain's tenosynovitis, tactile hallucinations, Nauseophobia, delusional symptoms, hallucinations, delusions. In animals, Chronic exposure to radio radiation caused behavioural alterations. In some improvement project. Nicklas. Concluded that the mobile phone radiation may increase the available oxygen, spaces, which plays an important role in the development of metabolic and neuroendocrine systems.

PHOTOS AND VIDEO LINKS



This study traces a unique examination of the Modern phenomenon of mobile phone technology use of utility. This study facilitated data collection of an enduring pattern of mobile phone usage.

Mobile phone technology has strongly integrated to our academic work and disrupted our daily activities.

Despite the positive benefits of using a cell phone for people cell phones have completely changed our world. people now use them for leisure time, business, school, and so much more, cell phones are not just cell phones anymore. people rely on them for video chatting for conference calls searching the web for video chatting nearby restaurants, taking pictures of things, traveling, using a gps tracking system, etc. The majority of people own cell phones nowadays and people rely on them more than ever.

But

Cell phones have become a part of everyday life and I could not imagine what it would be like having to live without having a cellphone being away at school I still can't keep in contact with my parents and grandparents although I am far away from them. Cell phones are a vital device in the human connection because people are able to have conversations that the past would never imagine. The cell phone is an incredible invention that has altered our lives forever.

Evaluation by the Person in-charge in the Community/Habitation

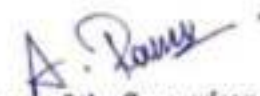
Student Name:	A. Ramu		
Registration No:	120130803004		
Period of CSP: From:	1-10-22	To:	10-11-22
Date of Evaluation:			
Name of the Person in-charge:			
Address with mobile number:	24-316 Kollavadah Street (VSP) 530001 (8367748493)		

Please rate the student's performance in the following areas:

Please note that your evaluation shall be done independent of the Student's self-evaluation

Rating Scale: 1 is lowest and 5 is highest rank

	1	2	3	4	5
1) Oral communication					
2) Written communication					
3) Proactiveness					
4) Interaction ability with community					
5) Positive Attitude					
6) Self-confidence					
7) Ability to learn					
8) Work Plan and organization					
9) Professionalism					
10) Creativity					
11) Quality of work done					
12) Time Management					
13) Understanding the Community					
14) Achievement of Desired Outcomes					
15) OVERALL PERFORMANCE					


 Signature of the Supervisor

Date: 23 - 10 - 22

Student Self-Evaluation for the Community Service Project

Student Name:

A. Ramu

Registration No:

120130903004

Period of CSP: From:

1-10-22 To: 10-11-22

Date of Evaluation:

Name of the Person in-charge:

Address with mobile number: 24-3-6 Kottayam St (VSP) 530001 (9367718498)

Please rate your performance in the following areas:

Rating Scale: 1 is lowest and 5 is highest rank

1) Oral communication	1	2	3	4	5
2) Written communication	1	2	3	4	5
3) Proactiveness	1	2	3	4	5
4) Interaction ability with community	1	2	3	4	5
5) Positive Attitude	1	2	3	4	5
6) Self-confidence	1	2	3	4	5
7) Ability to learn	1	2	3	4	5
8) Work Plan and organization	1	2	3	4	5
9) Professionalism	1	2	3	4	5
10) Creativity	1	2	3	4	5
11) Quality of work done	1	2	3	4	5
12) Time Management	1	2	3	4	5
13) Understanding the Community	1	2	3	4	5
14) Achievement of Desired Outcomes	1	2	3	4	5
15) OVERALL PERFORMANCE	1	2	3	4	5

Date:


Signature of the Student